One Minute Reading Strategy

What is it?

One minute reading is a strategy that consists of inviting your child to read a text for a minute and carefully observe his performance during that time.

What do you need?

To apply this strategy you will need:

- A stopwatch or timer
- A text or passage appropriate to your child's interests, age and academic level
- A notebook
- A copy of *My Weekly Words Per Minute* Chart located at the end of this document.
- A pencil
- markers

What steps should you follow?

1. Select a reading that suits your child's interests, age, and academic level. It can be a text between 50 and 120 words or a page from your favorite book.

2. Set the timer and read the text to your child for a minute and ask him to follow the text with his finger as you read it. As you read, stress pronunciation of the words, the intonation of the sentences, and the pauses suggested by the punctuation marks.

3. That same day, or the next day, read that same text together for a minute.

4. That same day, or the next day, invite your child to read the same text aloud for a minute. Write down everything you observe in your notebook. Do not interrupt him, or correct him. Just watch him and write down.

5. At the end of the minute, celebrate the successes that you have observed, count the words that he read correctly and write them down in your notebook.

6. Your child will write down the number of words read on the sheet My Weekly Chart of Words Per Minute, where he should also write down his goal of words per minute for the week and paint the column corresponding to the day up to the maximum number of words reached.

7. You can repeat step four with the same text several times so that your child becomes familiar with the text and sees his fluency progress for a week.

8. After a week he changes the reading and repeats all the previous steps.

My Weekly Words Per Minute Chart

My weekly goal: _____						
160						
150						
140						
130						
120						
110						
100						
90						
80						
70						
60						
50						
40						
30						
20						
10						
DATE						

AVERAGE WORDS PER MINUTE ACCORDING TO GRADE LEVEL *

GRADE LEVEL	BEGINNING OF THE YEAR	MIDDLE OF THE YEAR	END OF THE YEAR
1	0-10	10-50	30-90
2	30-80	50-100	70-130
3	50-110	70-120	80-140
4	70-120	80-130	70-120
5	80-130	90-140	80-130
6	90-140	100-150	90-140

*Rasinski, T. & Padak, N. (2005). *3-Minute Reading Assessments.* New York, NY: Scholastic Inc.